



KEEPING MILITARY FAMILIES MISSION READY

## FAMILY SUPPORT

**Military families face different stressors**  
– deployment, frequent moves, life/work intertwined. We are here to help.

 **1.3K+** IN-HOUSE COUNSELORS



MAGELLAN FEDERAL KEEPS SERVICE MEMBERS AND THEIR FAMILIES MISSION READY

**1**  
FROM BIRTH TO AGE 3  
**NEW PARENT SUPPORT**



- ✓ In-home visits
- ✓ Lactation consultation
- ✓ Playgroup coordinations
- ✓ Childhood development education
- ✓ Resource / services linkage

✓ **Specialized support** for military connected children at all ages\*

- ✓ School-based counselors
- ✓ Confidential counseling
- ✓ DODEA classroom trainings
- ✓ **Exceptional Family Member** support and resources

**2**  
**EARLY CHILDHOOD SCHOOL AGE**



**3**  
ONGOING **FAMILY COUNSELING**



- ✓ In-person or telehealth
- ✓ **1,300+** in-house counselors
- ✓ **22,000** affiliated counselors
- ✓ Strength-based family counseling models

*\*applies to active duty servicemembers if children of veterans and national guard/reservist children cannot participate.*

### FAMILY SUPPORT EXPERIENCE



Army Adolescent Support and Counseling Services (ASACS) Program



Army Community Services – Fort Hood & Fort Bliss Army



Army IMCOM Family Advocacy Support Services (FASS)



Army Exceptional Family Member Program



Air Force Medical Readiness Agency (AFMRA) Family Assistance Program (FAP)



DoD Military and Family Life Counseling Program (MFLC)





## New Parent Support

**During in-home visits** childhood development education is provided to help new parents understand challenges they may face at each developmental stage. We also assist with lactation issues, help organize playgroups where new parents can connect with one another, and identify resources and services that are available to support the family as they navigate through this exciting time in their life.



## Early Childhood and School Age Children

**In surveys, 90% of students state that they would use the skills learned from our counselors in real life situations.**

**We provide specialized support for military connected children at all ages.** Our school-based counselors understand the unique stress children of military members face managing the life changes associated with deployment, reintegration and frequent geographic relocations. Counseling is offered with parent consent and remains confidential.

In addition to one-on-one counseling, our counselors conduct classroom training in DODEA schools. We

focus on coping skills, substance abuse education, communication skills and develop specialized training using feedback from teachers and parents on topics and issues they see their particular population facing. To date we have conducted over **8,000 prevention activities worldwide** and 90% of students show that they would use the skills learned from our counselors in real life situations.

For parents of teenagers, we provide parent workshops at local community centers or schools to help parents understand challenges their teenager may be are facing and ways to improve family communication.



## Family Counseling

**13,000+**  
**In-house**

**& 22,000**  
**Affiliated**  
**Counselors**

**In person or virtually, our counselors focus on meeting the mental health needs of the military family.** Our counselors are skilled in utilizing strength-based family counseling models to military families across the world. In addition to confidential family sessions, we provide workshops for returning warriors and yellow ribbon reintegration events, couple counseling focusing on individual and relationship strengths and challenges, as well as work with victims of abuse to help secure resources and provide abuse prevention training to the military community. Our counselors are there for the military family when they need us.

Interested in  
working with us?



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